ATTENTION SENIORS

• ARE YOU EATING HEALTHY NUTRITIOUS MEALS?

• DO YOU HAVE ENOUGH FOOD TO LAST TO THE END OF THE MONTH?

If your answer is NO, the Department of Social Services may be able to HELP.

The rules to the Food Stamp Program have CHANGED.

It is now EASIER for you to get food stamps.

See other side for DETAILS.

HEALTHY HELPINGS

(Prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, or political beliefs. Not all prohibited bases apply to all programs.)

DSS Card 3334 (MAY 01)
It is now easier to get Food Stamps.

If you have had trouble in the past, please try again.

Effective April 1, 2001, your resources MAY no longer keep you from getting food stamps.

You MAY have retirement accounts, savings accounts, own a car, own a house and still be able to get food stamps.

You MAY be able to deduct your medical bills, shelter costs, utility costs and work expenses from your income. This MAY increase the amount of food stamps you will get. If your income is low enough after these deductions, you MAY be eligible.

You MAY NOT even have to go into the office for an interview. This can be done over the telephone and will be good for two years.

Want more information?
Contact your local DSS Office

or call toll-free 1-800-768-5700
or e-mail www.healthyhelpings.org