

If you have any questions
about the Food Stamp Program
or about your eligibility, please contact us.
We can also give you valuable information
about the Medicaid and the
Family Independence Programs.

If you need further assistance,
see details on the back or call

**S.C.
FOOD
STAMP
HOTLINE**



at 1-800-768-5700.

For more information,
or to apply for Food Stamps,
you may contact your local
county DSS office.

If you need assistance
in obtaining the location
and telephone number
of the DSS office nearest you,
you may call

1-800-768-5700

or visit our website at

WWW.HEALTHYHELPINGS.ORG

DSS Brochure 3333A (MAR 02)



**FOOD
STAMPS
CAN HELP!**

**Do You Qualify?
You May Be Eligible!**

See Inside for Details.
www.healthyhelpings.org

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What is the FOOD STAMP PROGRAM?

The **FOOD STAMP PROGRAM** is a supplement program that helps you buy food for your household.

How can I know if I qualify for food stamps?

If you are having problems buying good, nutritious food for yourself and your family or you are elderly or have low income, you may be eligible for help.

What are the benefits and how do I spend them?

To be eligible for benefits, you must meet specific income limits and certain other criteria.

The amount of Food Stamps you will get is determined by the amount of income your household has and by the number of people in your home.

The amount you are entitled to will be put in your EBT account. You will receive an EBT (green) card to use at the grocery store to purchase food items only.

Can I get help if I am working?

Yes, if you are working but your income from work or other sources is below the income limit.

Can I get help if I am not working?

YES, if your income is below our income limits. If you are able to work, you must look for work, take a job offer or go to job training.

What if I am elderly and cannot work due to being disabled?

If you are 60 or older or have a documented disability, you do not have to look for work. You can also claim high medical bills as an expense which may help you become eligible.

What are the income limits?

Household Size	Gross Monthly Income Limit
1	931
2	1,258
3	1,585
4	1,913
5	2,240
6	2,567
7	2,894
8	3,221

(add \$328 to "gross income" for each additional person) **Note:** If you are elderly or disabled, these income limits may not apply.

How do I get FOOD STAMPS?

1. Obtain a Food Stamp application from your local DSS office. You may also download an application from our website at www.healthyhelpings.org.
2. Fill in all the blanks you can. If you need help, a DSS worker can assist you. If you do not speak English, you have a right to an interpreter.
3. Make sure you print your name, today's date and sign the application.
4. Mail or take the application to your local DSS office.
5. Your DSS worker will schedule an interview with you. You may bring someone to help you at the interview.
6. Bring the following items along with you to the interview:
 - a) Pay stubs for the last four weeks of work or other income verification.
 - b) Social Security numbers on each family member
 - c) Picture identification
 - d) Rent or mortgage payment receipts
 - e) Utility bills

