

First Choice by Select Health Care Management Program for Members in Foster Care

First Choice by Select Health of South Carolina's Care Management program is now offering help for all members in foster care. This includes face-to-face interventions through our Intensive Case Management (ICM) program for children at the highest level of complexity.

Stronger together

All children in foster care qualify for Care Management based on their individual needs. Children in foster care who have the most complex needs can get coordinated physical and mental health services with specialized programs like ICM.

Our Care Management program helps members and caregivers navigate the health care system. We facilitate the coordination of care for the physical and behavioral health needs of children in foster care.



Three levels of Care Management

1. Intensive Case Management (ICM)
 - Includes face-to-face visits
2. High-risk care coordination
 - For children in foster care whose needs do not meet the ICM criteria
3. Low-risk care coordination
 - For children in foster care who have finished ICM or high-risk care coordination and are stable in their current placement

Care Management interventions include:

- Initial face-to-face visit within 30 days after a child is enrolled in ICM
- Assessments and surveys
- Medication reconciliation
- Person-centered plan of care
- Addressing gaps in care
- Education and resources

Achievable outcomes:

- Finding primary care providers and specialists as needed
- Assisting with identifying and closing care gaps
- Coordinating behavioral health services
- Helping to ensure American Academy of Pediatrics (AAP) health care guidelines are followed for children entering foster care
- Helping with medication management and addressing barriers to compliance
- Reviewing basic needs
- Helping to connect to community resources