

You only have one chance to make a first impression...looks do matter!

Dress to Impress

- Avoid wearing flip-flops, torn jeans, T-shirts, sweatshirts, baggy or sagging pants, untied shoes, etc. to your interview.
- No hats, caps, or headgear (religious headgear is the only exception).
- All jewelry should be small in size, tasteful, and conservative. Women should limit jewelry to no more than one ring, one pair of earrings, and a watch. Men should limit jewelry to one ring and a watch.
- Avoid extreme hair color.
- Clothes should be neatly pressed and in good condition (hemmed, no buttons missing, etc.).
- Women should avoid plunging necklines, tight clothes, and short hemlines.
- Cover tattoos as much as possible.
- Shoes should be clean and/or polished.
- An interview is not the time to make a fashion statement...**YOU should be memorable, not your clothes.**



Grooming Counts

- Bathe or shower prior to going to the interview. Use deodorant, brush your teeth, and make certain your fingernails are clean and well-groomed.
- Do a quick check in the mirror before entering the building.
- Use a minimum of aftershave, cologne, or perfume. Remember that some people are allergic to fragrance.

Use Your Manners

- Be respectful ("yes ma'am" and "no sir" still go a long way in the South).
- Be on time (plan to arrive 10 – 15 minutes before your interview).
- Do not chew gum, use tobacco, or snuff. Do not vape or smoke during the interview even if the interviewer does.
- Avoid interrupting the interviewer or telling jokes.
- Avoid expressing political, religious, or personal opinions.
- Cell phones and other electronics should be turned off/left in the car; no earbuds.
- No books or magazines, games, or other entertainment items.
- Maintain eye contact and give your attention to the interviewer.
- Do not take anyone with you even if they wait in the lobby.
- Always thank the interviewer for their time.